



28th July 2026

Mid Year Report 2026

This is the account of the daily routine procedures of Manna Eye Clinic Nkongsamba. Our daily work starts at 7:30am with a morning devotion. We sing and pray for peace in Cameroon and in the whole world, for all patients specially for the seriously sick, for wisdom of the staff and for road safety, accompanied by a short health talk about common eye diseases.



The consultation starts by registration of the patient, finding out the complains ,history of the complains and former treatment. After that the vision of each patient is checked, followed by examination with the slit lamp, the fundus (back side of the eye),the eye tension , the blood pressure and test for diabetes.

Everyday, some patients seek help in our clinic who are almost blind due to long standing advanced Glaucoma, some suffer from deep corneal ulcers mostly due to treatment by NATIVE DOCTORS, others present multiple bleeding on the back side of the eye due to NO or insufficient treatment of diabetes or hypertension, just to name a few,

More diagnostics examination are carried out if necessary like ,

Visual Field for the detection of Glaucoma

B scan to detect Retinal Detachment

OCT shows macula and optic disc changes

The treatment consist of eye drops and ointments, glasses ,injections,laser coagulations and operations.



Often glasses help which we fabricate and sell for a low price.

Daily 90 -110 patients are consulted coming mostly from near by villages and towns. Numerous patients from Douala seek help while some patients come from very far away.

No official publicity is made by the clinic,the news are passed by mouth only.

We have not raised our fees since the start of Manna Eye Clinic in 2003 except for cataract operation from 40000cfa per eye to 55000cfa. This is still a very low price compared to mission hospitals which take about 300,000cfa per eye and private clinics up to 500,000cfa.



Cataract Operations of one day

Dr Elisabeth Herz
Ophthalmologist in-charge